



# **SAILING INSTRUCTIONS**

**Royal Torbay Yacht Club**

**Laser SB3 Open**

**20th – 22nd June 2009**



## **1. Rules.**

**1.1** This series shall be governed by the rules as defined in The Racing Rules of Sailing (RRS), the rules of the Laser SB3 Class Association, the Notice of Race, and these Sailing Instructions (SIs). In the event of dispute the SIs will prevail (Amends RRS 63.7).

**1.2** The Crew shall consist of a maximum of 4 persons.

**1.3** There will be no Crew substitutions unless:-

(1) The Race Committee is advised in writing before the Event Registration period, of the exact dates of required Crew change. The new Crew Member must be available for weighing before starting to race.

OR

(2) Authorised by the Race Committee before any race starts as being necessary due to wholly unavoidable circumstances.

## **2. Notices to Competitors.**

**2.1** Notices to competitors will be displayed on the Official Notice Board located in the foyer of the Royal Torbay Yacht Club.

## **3. Changes in Sailing Instructions.**

**3.1** Any change to the Sailing Instructions will be posted before 09.00 on the day it will take effect except that any change to the Schedule of Races will be posted by 20.00 on the day before it will take effect. The changes will be indicated by the flying of flag "L" on the Flag Pole at the base of Haldon Pier.

## **4. Signals Made Ashore**

**4.1** All signals made ashore will be displayed on the Flag Pole at the base of Haldon Pier.

**4.2** When flag AP is displayed ashore, 'one (1) minute' is replaced with 'not less than sixty (60) minutes' in the race signal AP.

## **5. Schedule of Races.**

**5.1** Dates of Racing

Saturday 20<sup>th</sup> June: 3 Races are scheduled. First warning signal 1400  
One or more extra races may be sailed.

Sunday 21<sup>st</sup> June: 3 Races are scheduled. First warning signal 1030  
One or more extra races may be sailed.

Monday 22<sup>nd</sup> June: 2 Races are scheduled. First warning signal: 1030  
No race will commence after 1330

**5.2** The Royal Torbay Yacht Club, its officers, employees and helpers shall not be held responsible for any cancellation or change to the racing programme. The sole arbiter of such conditions shall be the Race Officer.

## **6. Class Flag.**

**6.1** The class flag will be Numeral Pennant 1

**7. Race Area.**

**7.1** The Race area will be in the waters of Torbay.

**8. Course.**

**8.1** The courses to be sailed will be Windward/Leeward – Full details are described in the course sheet.

**8.2** At the leeward gate, boats shall sail between the gate marks from the direction of the previous mark and round either gate mark. The gate may be replaced by a single mark to be left to port.

**9. Marks.**

**9.1** The Start Mark will be a White Dan Buoy flying an Orange Flag. Marks 1, 2, 3P and 3S will be large Yellow Inflatable Buoys. The Finish Mark will be a White Dan Buoy flying an Blue Flag. The Change of Course Mark will be an Orange Inflatable Buoy.

**10. Areas that are Obstructions.**

**10.1** None within Race Area

**11. Starts.**

**11.1** The starting line will be between a staff displaying an Orange Flag on the Committee Boat and a White Dan Buoy flying an Orange Flag. A mid line yellow buoy may be positioned approximately in the middle of the line. It may not be on the line. Being out of position will not be grounds for redress.

**11.2** To alert boats that a race will begin soon, the orange flag on the committee boat will be displayed with a long sound signal not less than 4 minutes before the warning signal is displayed.

**11.3** The Committee Boat will endeavour to broadcast; the location of the start line, the approximate course to first mark, Start Sequence, General Recall, OCS or Excluded boats, wherever possible. VHF 37A will be used. Failure to make a broadcast or to time it accurately will not be grounds for redress. This changes RRS 62.1(a).

**11.4** A boat starting later than 10 minutes after the Starting Signal will be scored Did Not Start. This changes RRS A4 and A5

**12. Change of the next leg of the Course.**

**12.1** When after a race has started there is a substantial wind shift; the Race Officer may move one or more marks.

**12.2** When the course to be made good is significantly changed by such an alteration, a boat will be stationed near the mark at the start of the leg affected, and will fly IC flag 'C' over a green or red flag indicating that the direction of that leg lies either to starboard or port respectively of its previous bearing. She may draw attention to this signal by making intermittent sound signals. When the leg affected is to windward, the approximate magnetic bearing of the new direction to the next mark may be displayed near the start of that leg. The mark being repositioned might not be in position when the leading boat rounds the previous mark of the course. (This changes RRS 33)

**12.3** When a course leg has been changed other marks on that course may be changed without notice. This changes RRS 33

### **13. The Finish**

- 13.1** The Finish will be between a staff displaying a Blue Flag on the Committee Boat and a white Dan Buoy flying a Blue Flag.

### **14. Penalty System.**

- 14.1** The SB3 Events 2008 Recommended Penalty List will be implemented during this event.

### **15. Time Limits.**

- 15.1** The Target time for each race is sixty (60) minutes.  
**15.2** No Time Limit for the first boat to finish shall be set.  
**15.3** Boats failing to finish within fifteen(15)minutes after the first boat sails the course and are still on course and sailing, will wherever possible either.  
**15.3.1** Be awarded places as their position at their last leeward mark rounding. Or  
**15.3.2** Be awarded places as their position by a "finish" rib proceeding round the course in a reverse direction.  
Positions awarded in this way are totally at the discretion of the Race Officer  
This changes RRS 35.

### **16. Protests & Redress.**

- 16.1** Protest Forms will be available from the Race Office situated in the foyer of RTYC. They must be lodged within one hour of the Committee Boat entering Harbour. This time will be posted on the Official Notice Board.  
**16.2** Notices will be posted within 30 minutes of the Protest Time Limit to inform competitors of hearings in which they are parties to a hearing or named as witnesses. It shall be the responsibility of competitors to check the notice board for such notices.  
**16.3** The protest committee is empowered to award lesser penalties than prescribed in the RRS 2009-2012.

### **17. Scoring.**

- 17.1** The Low points Series of RRS Appendix A will be used.  
**17.2** Eight races are scheduled of which two (2) will constitute a series.  
**17.3** If up to four (4) races are completed all races will count.  
**17.4** In the event of five (5) races or more, one discard will be allowed. (Amends RRS Appendix A2)

### **18. Safety Regulations.**

- 18.1** Life jackets or other adequate buoyancy aids must be worn. Wet suits or dry suits are not adequate personal buoyancy. This changes RRS 40.1.  
**18.2** Declarations are not required except for boats retiring. This is to be declared on the sheets provided on the Official Notice Board within 60 minutes of the Committee Boat Entering Harbour. This time will be posted on the Official Notice Board.

### **19. Equipment and Measurement Checks.**

- 19.1** A boat or equipment may be checked at any time for compliance with Class Rules and Sailing Instructions. On the water, a boat can be instructed by a race committee measurer to proceed immediately to a designated area for inspection.

## **20. Official Boats**

**20.1** Only the Committee Boat and RTYC crewed Umpire, mark lying, and patrol boats working under the direction of the race committee are official boats

## **21. Support Boats.**

**21.1** Support boats must be registered with the Race Committee prior 10.00 on the first day of Racing.

**21.2** Support boats shall stay outside areas where boats are racing from the time of the preparatory signal until all boats have finished or the race committee signals a postponement, general recall or abandonment.

## **22. Haul-Out Restrictions.**

**22.1** Boats shall not be hauled out during the regatta except with and according to the terms of prior written permission of the race committee or on request of a measurer or scrutiniser. Boats on Hydro Hoists Berths must remain in the water

## **23.0 Diving Equipment and Plastic Pools.**

**23.1** Underwater breathing apparatus and plastic pools or there equivalent shall not be used around boats between the preparatory signal of the first race and the end of the regatta.

## **24.0 Radio Communication.**

**24.1** A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile phones.

## **25.0 Prizes**

**25.1** The presentation of prizes will take place at the Royal Torbay Yacht Club following racing on Monday 22<sup>nd</sup> June 2009.

**25.2** Prizes will be awarded to - Overall 1<sup>st</sup> to 3<sup>rd</sup>.

**25.3** Other prizes may be awarded at the discretion of the Race Committee.

## **26 DISCLAIMER OF LIABILITY**

**26.1** Competitors participate in the race entirely at their own risk. See RRS 4.

**26.2** A boat is entirely responsible for her own safety, whether afloat or ashore, and nothing, whether in this Notice of race or in the Sailing Instructions or anywhere else, reduces this responsibility.

**26.3** It is for the boat to decide whether she is fit to sail in the conditions in which she will find herself. By launching or going to sea, the boat confirms that she is fit for those conditions and her crew is competent to sail and compete in them.

**26.4** The boat is required to hold adequate insurance and in particular to hold insurance against third party claims in at least the amount stated in clause 27.1 below for the duration of the regatta.

**26.5** Nothing done by the organisers can reduce the responsibility of the boat nor will it make the organisers responsible for any loss, damage, death or personal injury, however it may have occurred, as a result of the boat taking part in the racing. The organisers encompass everyone helping to run the race and the event, and include the organising authority, the race committee, the race officer, patrol boats and Beachmasters.

**26.6** In the event that assistance is rendered to any competitor, no liability for any loss, damage or injury is accepted by the Royal Torbay Yacht Club, the Race Committee or the crew of any rescue craft.

**27 INSURANCE**

**27.1** Each boat is required to hold adequate insurance including third-party cover of not less than £2,000,000 and it is the owner or owner's representative's sole and inescapable responsibility to ensure that the insurance is in place and is adequate. No responsibility will be accepted by the Royal Torbay Yacht Club, or any other party involved in the organisation of the Race.

# Laser SB3 Course Sheet

2

1

Wind

3S

3P

F

S

Finish

- ----Start-----

Lap = mark 1 to port, mark 2 to port, mark 3 Gate.  
Number of laps as displayed on Committee Boat.  
On final lap pass mark 3P to port, then to Finish.