



**K1
NATIONAL
CHAMPIONSHIPS
2013**

**September 27th to 29th
2013**

**Organising authority
Royal Torbay Yacht
Club**

SAILING INSTRUCTIONS

ALL TIMES ARE BRITISH SUMMER TIME (BST)

1. RULES

- 1.1. The Championship will be governed by the rules as defined in The Racing Rules of Sailing, the Prescriptions of the RYA, the Class Rules of the K1 Class Association, the Notice of Race and these Sailing Instructions.
- 1.2. If there is a conflict between languages, the English text will take precedence.

2. NOTICES TO COMPETITORS

- 2.1. Notices to competitors will be posted on the official notice board located near the race office in the Royal Torbay Yacht Club.

3. CHANGES TO SAILING INSTRUCTIONS

- 3.1. Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races shall be posted by 2000 on the day before it will take effect.

4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed on the RTYC flagpole situated at the inshore end of Haldon Pier.
- 4.2. When flag AP is displayed ashore '1 minute' is replaced with 'not less than 45 minutes' in the race signal.

5. SCHEDULE OF RACES

5.1.

Dates of Racing	Number of Races	First Scheduled warning signal
Friday 27 th September 2013	2	First scheduled Warning Signal 1255
Saturday 28 th September 2013	3	First scheduled Warning Signal 1055
Sunday 29 th September 2013	3	First scheduled Warning Signal 1055

- 5.2. The warning signal for subsequent races each day will be as soon as practicable.
- 5.3. After a long postponement, to alert boats that a race or sequence of races will begin soon, an orange flag will be displayed with one sound for at least four minutes before a warning signal is displayed.
- 5.4. No warning signal will be made after 1400 on the last day of the championship.

6. CLASS FLAG

- 6.1. The class flag will be flag K.

7. RACING AREA

- 7.1. The racing area will be in Torbay.

8. THE COURSES

- 8.1. The diagrams in Attachments '1' and '2' show the courses, including the approximate angle between legs, the order in which marks are to be passed and the side on which each mark is to be left.
- 8.2 The course to be sailed and the number of laps shall be displayed from the committee boat.
- 8.2. No later than the warning signal, the race committee signal boat may display the approximate bearing of the first leg.

9. MARKS

- 9.1. Marks 1, 2, 3 and 4 will be orange inflated cylindrical buoys with RTYC lettering.
- 9.2. The starting marks will be the race committee signal boat displaying an orange flag at the starboard end and a white danbuoy with an orange flag at the port end.
- 9.3. The finishing marks will be the race committee signal boat displaying a blue flag and a white danbuoy with a blue flag.

10. THE START

- 10.1. The starting line will be between a mast displaying an orange flag on the race committee signal boat at the starboard end and a white danbuoy with an orange flag at the port end.
- 10.2. A boat starting later than 5 minutes after her starting signal will be scored Did Not Start without a hearing. This changes rules A4 and A5.

11. CHANGE OF THE NEXT LEG OF THE COURSE

- 11.1. To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practical. When in a subsequent change a new mark is replaced it will be replaced by an original mark.

12. THE FINISH

- 12.1 The finishing line will be between a mast displaying a blue flag on the race committee signal boat and a white danbuoy with a blue flag
- 12.2 When the S flag is displayed on the race committee signal boat accompanied by two sound signals, boats will leave Mark 3 (Course A) or Mark 4 (Course B) to Port and sail to the finish line. This changes rule 32.1.

13. TIME LIMITS AND TARGET TIMES

- 13.1. There are no time limits and the race committee may shorten the course at any time and for any reason. This changes rule 32.
- 13.2 The target time for series races is 45 mins. Failure to meet the target time will not be grounds for redress. This changes rule 62.1(a)
- 13.3. Boats failing to finish with 20 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes rules 35, A4 and A5.

14. PROTESTS AND REQUESTS FOR REDRESS

- 14.1 An arbitration procedure is available for Protest of Rules in RRS Part 2. See Appendix 1 for details.
- 14.2. Protest forms are available at the race office located at the Royal Torbay Yacht Club. Protests and requests for redress or re-opening shall be delivered there within the appropriate time limit.
- 14.3. The protest time limit is 90 minutes after the last boat has finished the last race of the day or the race or the race committee signals no more racing today, whichever is later.
- 14.4. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. It shall be the responsibility of competitors to check the notice board for such notices, obtain their copy of the protest form and make sure that they and their witnesses attend the hearing. Hearings will be held in the protest room located at the Royal Torbay Yacht Club.

- 14.5. Breaches of instructions 16.1, 16.2, 16.3, 16.4, 19, 20 and 21 will not be grounds for a protest by a boat. This changes rule 60.1(a). Penalties for these breaches may be less than disqualification if the protest committee so decides. The scoring abbreviation for a discretionary penalty imposed under this instruction will be DPI.
- 14.8. No later than 30 minutes after the requesting party was informed of the decision on that day. This changes rule 66

15. SCORING

- 15.1. Two races are required to be completed to constitute a series.
- 15.2. When fewer than 5 races have been completed, a boat's series score will be the total of her race scores.
- 15.3. When 5 to 6 races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- 15.3. When 7 to 8 races have been completed, a boat's series score will be the total of her race scores excluding her two worst scores.

16. SAFETY REGULATIONS

- 16.1. A boat that retires from a race shall notify the race committee as soon as possible.
- 16.2. Personal flotation devices as defined in rule 40 shall be worn at all times whilst afloat. This changes the Part 4 preamble and Rule 40
- 16.3. Long hair on all competitors shall be tied up or restrained to eliminate the risk of entanglement.
- 16.4. A tally system may be in operation. If a tally system is in operation all competitors will tally out before going afloat and tally in as soon as possible after coming ashore.

17. REPLACEMENT OF CREW OR EQUIPMENT

- 17.1. Substitution of competitors will not be allowed without prior written approval of the race committee. Crews may only be changed during the event from the person named on entry form with written permission in advance from the race committee.
- 17.2. Where a hull, spar or sail is damaged to such an extent that it cannot be used in the next race after all reasonable steps are taken to carry out repairs, competitors may change equipment with the prior agreement of the race committee. Requests for substitution shall be made to the race committee at the first reasonable opportunity.

18. EQUIPMENT AND MEASUREMENT CHECKS

- 18.1. A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee equipment inspector or measurer to proceed immediately to a designated area for inspection.

19. TRASH DISPOSAL

- 19.1. Boats shall not put trash in the water. Trash may be placed aboard safety and race committee boats.

20. HAUL-OUT RESTRICTIONS

- 20.1. Boats shall not be hauled out during the championship except with and according to the terms of prior written permission of the race committee

22. RADIO COMMUNICATION

22.1. Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones. The race committee may communicate on VHF Channel 77.

23. PRIZES

23.1. Prizes will be awarded to 1st, 2nd and 3rd places. Other prizes may be awarded at the discretion of the Race Committee

24.0 RISK STATEMENT

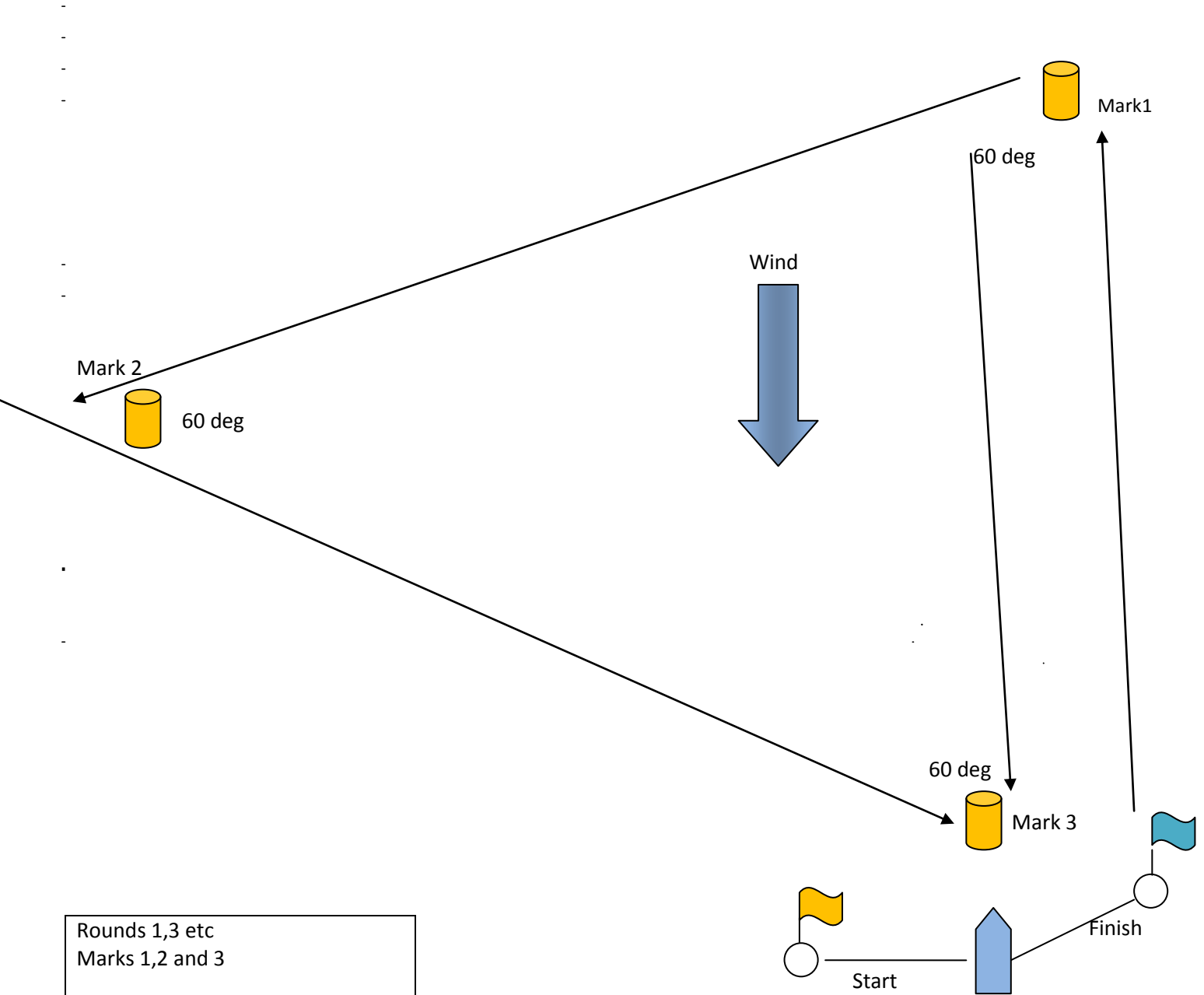
- 24.1 The Royal Torbay Yacht Club accepts no responsibility or liability for the loss of life or injury to skipper or crew or others, or for the loss of, or damage to, any vessel or property.
- 24.2 Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone"
- 24.3 Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:
- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such an inherent risk whilst taking part in the event;
 - (b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
 - (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions
 - (d) Their boat is in good order, equipped to sail the event and they are fit to participate;
 - (e) The provision of a race management team, patrol boats and other officials and volunteers by the event organizer does not relieve them of their own responsibilities;
 - (f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.

25. INSURANCE

25.1. Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £2,000,000.00 or the equivalent.

ATTACHMENT 1

Course A Triangle – Windward – Leeward



Rounds 1,3 etc
Marks 1,2 and 3

Rounds 2,4 etc
Marks 1 and 3

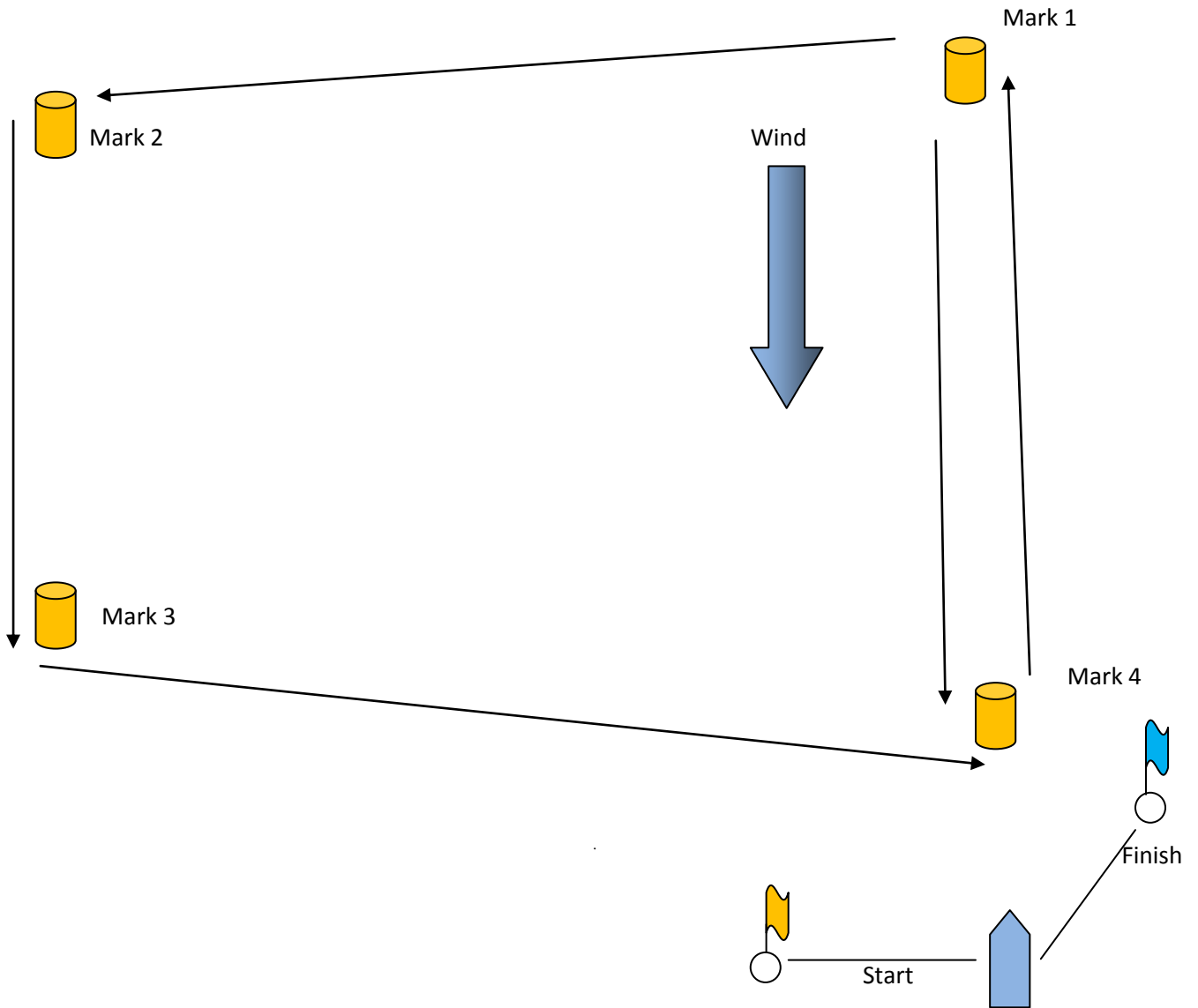
Repeat number of rounds
displayed and then sail to finish

All internal angles approx 60 deg

All marks to Port

ATTACHMENT 2

Course B Trapezoid Course



Rounds 1,3 etc
Marks 1,2,3 and 4

Rounds 2,4 etc
Marks 1 and 4

Repeat number of rounds displayed and then sail from
Mark 4 to finish

All marks to Port

APPENDIX 1

ARBITRATION

1. After a protest has been lodged in accordance with the Sailing Instructions, all parties involved in protests alleging infringements of a rule of Part 2 shall be entitled to be heard by an Arbitrator appointed by the Race Committee.

In exception to the above, incidents where damage or injury is involved shall not be subject to arbitration but shall be referred directly to the Protest Committee for a hearing.

2. Only one party to the protest from each boat involved, who shall have been on the boat at the time the incident occurred, shall attend the arbitration hearing. No witnesses shall be allowed.

3. The arbitrator will have each party describe the incident, limiting each party to approximately 3 minutes. After hearing these descriptions, the arbitrator will offer one of the following opinions:

a) No rule was broken

If the protesting boat accepts this opinion she can agree to withdraw the protest and the protest is then settled.

b) A rule was broken by one of the boats involved

If that boat accepts this opinion she may accept a 20% penalty and the protest is then settled.

c) Both boats broke a rule

If both boats accept this opinion and each agrees to accept a 20% penalty then the protest is then settled.

d) The arbitrator is unable to offer an opinion based on the brief description given by the parties

4. Once the protest has been settled under 3. a), b) or c) above, the arbitrator shall record this on the protest form and the matter shall not thereafter be referred to the protest committee and is not subject to request for redress, reopening or appeal by any party.

If however:

(i) The protestor does not withdraw the protest under 3. a) above; or

(ii) If a boat does not accept the arbitrator's opinion that she broke a rule under b) or c); or

(iii) If the arbitrator is unable to offer an opinion under (d), the protest shall be submitted to the protest committee for a hearing.

5. If the arbitrator's opinion is not accepted, there shall be no further discussion of the incident with the parties and the testimony given at the arbitration hearing shall remain confidential and shall not be discussed with any person prior to the protest hearing.

6. If one party fails to attend, the arbitration may still be heard in line with rules 63.3(b).

7. When protests are submitted to the Protest Committee, the arbitrator shall not be a member of the committee hearing the protest. However, he/she may be present to ensure that the incidents are described in the same way as in arbitration. If the facts given are different he may intervene to restate the original arbitration details. The arbitrator shall not discuss the matter with committee members until after the Committee's decision has been posted.

8. Application of the 20% penalty shall be calculated in accordance with rule 44.3, except that the penalty is modified to read 20%.