

ROYAL TORBAY YACHT CLUB

SAILING INSTRUCTIONS 2009

(These Sailing Instructions do not include the St Peterport Race (Fri 12th June) and Offshore Week (Sun 14th June/Sat 20th June)
This will be covered by separate Sailing Instructions)

COMPRISING

Sailing Instructions - Your attention is specifically drawn to the Safety clauses in the Notice of Race 12 and 13 and Sailing Instruction 24.

Appendix 1 COURSE CARD 2009 Details of buoy positions and possible courses

Appendix 2 MEDIATION system for Protesters

1. Rules

- 1.1 The Racing Programme of the RTYC will be governed by the rules as defined in the Racing Rules of Sailing, the class or handicap system rules applicable to entrants, the Notice of Race, these Sailing Instructions.

2. Entries

- 2.1 Entries and eligibility are to be in accordance with the Notice of Race.
2.2 An exception is the Crews Race on Wednesday 24th June where eligibility shall be further limited to boats helmed by a crew member who has crewed in not less than 50% of the races that the boat which they are going to helm has competed in during 2009. Crews are not eligible if they have previously helmed in more than 30% of the races that the boat has competed in during 2009. This race is a stand alone race and does not count towards a series.

3. Notices to Competitors

- 3.1 Notices to competitors will be posted on the Notice Board located in RTYC Clubhouse.

4. Changes in Sailing Instructions

- 4.1 Any changes in Sailing Instructions will be posted at least 24 hours before the first race affected by the change. IC Flag "L" will be displayed ashore before the Warning Signal of the first race for each class to which the change in Sailing Instructions applies.

5. Signals made Ashore

- 5.1 Signals made ashore will be displayed from the flagpole at the base of Haldon Pier.

6. Schedule of Races

- 6.1 Races are scheduled in the Provisional Club Racing Programme 2009 available on www.royaltorbayyc.org.uk or printed copies are available from the club secretary.

7. Saturday Start Times, Time Limits and Numeral Pennants Cadets

- 7.1 RS Feva and Cadet 1400 hours RS Flag/Flag Y

Time Limit 1 hour

At the sole discretion of the race officer, two races may be held for RS Feva/Cadet Classes. The Warning Signal for the second race will be displayed as soon as possible after the finish of the first race. Only the first two races sailed will count towards series points.

Time Limit for the second race is 1 hour.

8. Sunday Start Times, Time Limits and Numeral Pennants

8.1 Time of Warning Signals and Class Flags for Sundays Racing

Note: - including **Teignmouth Sewer Buoy Race Sun 31st May** for IRC and Torbay Progressive Handicaps

IRC	09:54 hours	Numeral Pennant 1
Progressive Handicap	09:54 hours	Numeral Pennant 4
SB3	09:57 hours	Numeral Pennant 3
Sports Boat	09:57 hours	Numeral Pennant 2
Flying Fifteen	10:00 hours	Naval Pennant 6
Folkboat	10:03 hours	Flag F
PY Dinghy	10:06 hours	Numeral Pennant 5
RS Feva/Cadet	10.09 hours	RS Flag/FlagY (see note 1)

Note 1 If the RS Fevas and Cadets decide to race on a Saturday there will be no start for them on a Sunday.

Time Limit 3 hours except for the Teignmouth Sewer Buoy Race where the Time Limit will be 6 hours

At the sole discretion of the race officer, two races may be held for Sports Boat, Laser SB3's, Flying Fifteen, Folkboat, and PY dinghy. The Warning Signal for the second race will be displayed as soon as possible after the finish of the first race.

Time Limit for second race 1.5 hours

9. Wednesday Start Times, Time Limits and Numeral Pennant

9.1 IRC	18:10 hours	Numeral Pennant 1
Progressive Handicap	18:10 hours	Numeral Pennant 4
SB3	18:13 hours	Numeral Pennant 3
Sports Boat	18:13 hours	Numeral Pennant 2
Flying Fifteen	18:16 hours	Naval Pennant 6
Folkboat	18:19 hours	Flag F
PY Dinghy	18:22 hours	Numeral Pennant 5
RS Feva/Cadet	18:25 hours	RS Flag/Flag Y

Time limit will be 20:30.

10. Pursuit Race for Bill's Goblet - Monday 25th May Start Times and Time Limits

10.1 **Note:** - Entrants will be handicapped by variation in starting times. A list of Starting Times will be posted on the RTYC Notice Board by noon on Sunday 24th May. Additional copies will be available to competitors in the Clubhouse. There is no entry fee for this race, but a collection will be made in aid of the RNLI after the racing.

10.2 14:24 hours - Red or Green flag with sound signal

14:27 hours - Flag P with sound signal

14:30 hours - Flag P lowered with sound signal

Thereafter 30 seconds before the next whole minute the appropriate handicap start time will be displayed on boards on the Committee Boat and removed at the exact time (for example a handicap start time of 14:53 - "53" on boards will be displayed for 30 seconds, and at the actual start time the '3' will be removed). There will be no recalls and premature starters will be penalised by 5 minutes for every minute or part of a minute by which they start early.

Note: - It is intended that race length shall reflect the median handicap boat sailing approximately 100 minutes. The Committee Boat will display flag 'S'

with two sound signals to signify that the finishing line has been set.

11. Teignmouth Sewer Race Sun 31st May for IRC and Progressive Classes Start Times, Time Limits and Numeral Pennants

- 11.1 IRC 10.00 hours Numeral Pennant 1
Progressive Handicap 10.03 hours Numeral Pennant 4
- 11.2 The Course for the Teignmouth Sewer Race will be broadcast by the Committee Boat on Ch 72, 30 minutes before the Start Time and will be displayed on a Black Board on the Committee Boat.
- 11.3 Start Times and the Sailing Instructions will be issued separately for the **Skerries – Dartmouth Race 27/28 June.**

12. New Years Day 2010 Start Times, Time Limits and Numeral Pennants

12.1 Time of Warning Signals and Class Flags for New Years Day Racing

IRC	10:54 hours	Numeral Pennant 1
Progressive Handicap	10:54 hours	Numeral Pennant 4
SB3 - Sports Boat	10:57 hours	Numeral Pennant 3
Flying Fifteen	11:00 hours	Naval Pennant 6
Folkboat	11:03 hours	Flag F
PY Dinghy	11:06 hours	Numeral Pennant 5
RS Feva/Cadet	11:09 hours	RS Feva Flag/Flag Y
Time Limit 3 hours		

13. Racing Area

- 13.1 The racing area will be in Torbay as shown in Appendix 1 COURSE CARD 2009 of these the Sailing Instructions. Exceptions are the **Teignmouth Sewer Buoy Race Sun 31st May and the Skerries – Dartmouth Race 27/28 June** for IRC and Progressive Classes where the courses will be offshore.

14. The Courses and marks for Racing

- 14.1 Details of Marks and Courses for Races held within Torbay can be found in **Appendix 1 COURSE CARD 2009** of these the Sailing Instructions.
- 14.2 The marks may be placed on a board in order that they are to be rounded or a specific course may be chosen and placed on a board.
- 14.3 IRC and Progressive Handicap may sail special courses. These courses may be given out by radio on channel 72. This may also modify 14.1 14.2, 14.5, 14.6 and 14.7.
- 14.4 RS Feva and Cadet will receive verbal instructions from an attendant rescue craft. This may also modify 14.1 14.2, 14.5, 14.6 and 14.7
- 14.5 The first leg of the course is an intended windward leg.
- 14.6 A red flag displayed on the Committee Boat will signify that all marks are to be left to PORT. A green flag will signify that all marks are to be left to STARBOARD. If neither Red nor Green flags are displayed the marks to be rounded will be shown on the course board with a (P) or (S) to signify that they are to be left to Port or Starboard.
- 14.7 The number of rounds to be sailed will be displayed on a board on the Committee Boat. The course may be shortened for any reason at the discretion of the Race Committee. This changes RRS Rule 32.1.

15. The Start

- 15.1 If a **BLUE** flag is displayed from the RTYC Flag Pole at the base of Haldon Pier 30 minutes before the first Warning Signal of the day then the start will be from the flag staff at Holden Pier.

If a **BLUE** flag is **not** displayed from the RTYC Flag Pole at the base of Haldon Pier then the start will be from a committee boat.

Races shall be started by using the following signals.

- 15.2 Times shall be taken from the visual signals; absence of a sound signal shall be disregarded.

Signal	Flag & Sound	Minutes before starting
Warning	Class flag; 1 sound	6
Preparatory	"P"; 1 sound	3
Start	Class flag & "P" removed; 1 sound	0

When classes are started in sequence at 3 minute intervals the warning signal for each succeeding class shall be displayed at the time of the preparatory signal of the preceding class. Flag "P" shall be left displayed until the last class starts. If there is a general recall the warning and preparatory signals of any succeeding classes shall be removed immediately after the general recall has been signalled.

- 15.3 The Starting Line shall be between the mast on the Committee Boat displaying an **ORANGE** flag and a nearby mark or if a **BLUE** flag is displayed from the RTYC Flag Pole at the base of Haldon Pier then the start line shall be between the pole at Haldon Pier displaying an **ORANGE** flag and outer distance mark R or G as appropriate to course indicated.

- 15.4 The Committee Boat may be positioned at either end of the starting line at the discretion of the Race Committee.

- 15.5 Boats whose preparatory signal has not been made shall keep clear of the starting area and of all boats whose preparatory signal has been made.

- 15.6 A boat shall not start later than 6 minutes after her starting signal.

16. The Finish

- 16.1 The finishing line shall be between the mast of the Committee Boat displaying an **ORANGE** flag and a nearby mark or if a **BLUE** flag is displayed from the RTYC Flag Pole at the base of Haldon Pier then the Finish line shall be between a pole on Holden Pier displaying an **ORANGE** flag and an outer distance mark R or G as appropriate to course indicated.

17. Change of Course after the Start

- 17.1 A change of course after the start will be signalled before the leading boat of a class has begun a round to which the change applies.

- 17.2 The Race Committee will signal a change of course from a Committee Boat or Haldon Pier by displaying flag "C" accompanied by frequent sound signals. The new course to be sailed will be displayed on a board on the Committee Boat or Haldon Pier indicating the marks to be rounded and the order in which they are to be rounded and whether they are to be left to Port or Starboard.

- 17.3 IRC and Progressive Handicap Classes will be informed of course changes on Channel 72.

- 17.4 No compass bearing of the next leg or +/- will be displayed. This changes RRS Rule 33.

18. Alternative Penalties

- 18.1 For the Sports Boat RRS 44.1 and 44.2 are changed so that only one turn, including one tack and one gybe is required, except that if the infringement is against a boat competing in another class a two turn penalty must be taken.

19. Time Limit

- 19.1 If one boat in a class sails the course as required by RRS Rule 28.1 and finishes within the time limit, the time limit shall be extended by 30 minutes for all boats in the same class.
- 19.2 If no boat in a class has finished within the time limit, but at least one round of the course has been completed the result for that class shall be decided on the positions of boats at completion of the last completed round.
- 19.3 When a boat ceases to race before expiry of the time limit, and no other boat of the same class completes a further round, the boat that has ceased to race will be recorded as finishing in accordance with Sailing Instruction 19.2.

20. Protests and Requests for Redress

- 20.1 Protests for IRC and Progressive Handicap shall be delivered to the Club Office within 24 hours of the finish of the race.
- 20.2 A mediation system is available for Protests of Rules in RRS Part 2. Providing all parties to the Protest agree to Mediation the procedure to be adopted is to be found in the Appendix 2 of these the Sailing Instructions.
- 20.3 The date and time of mediation or protest hearings will be notified to all parties as soon as possible after the lodging of a protest form.

21. Scoring

Scoring will be in accordance with paragraph 11 of the Notice of Race.

22. Miscellaneous

- 22.1 When reference is made in these Sailing Instructions to flags and pennants the Race Committee may use painted boards in their place.
- 22.2 The Race Committee will use VHF Radio Channel "72" for communication with competitors when appropriate and will, when possible, provide change of course information. Clarification by the Race Committee to individual competitors on course changes using Channel "72" shall not be deemed to comprise outside help. This changes RRS Rule 41.

23. Prizes

- 23.1 Trophies and/or prizes will be awarded in accordance with paragraph 17 of the Notice of Race.
- 23.2 Except where stated in Special Sailing Instructions trophies will only be awarded to members of RTYC.

24. Special Safety Instructions

- 24.1 **A Young Competitor shall be any person under the age of 18 on 1st January 2009, who intends to race on a boat in any race to which these Sailing Instructions apply and on which there is no crew member over the age of 18 years on 1st January 2009.**
- 24.2 **No Young Competitor shall leave the harbour at any time after 30 minutes before the Warning Signal of the race in which he/she intends to compete, unless a rescue boat is under way.**
- 24.3 **No Flying Fifteens or PY Dinghies shall leave the harbour before the Warning Signal of the race in which she intends to compete during the Winter Series unless a rescue boat is underway.**

Appendix 1

COURSE CARD 2009 Details of buoy positions and possible courses

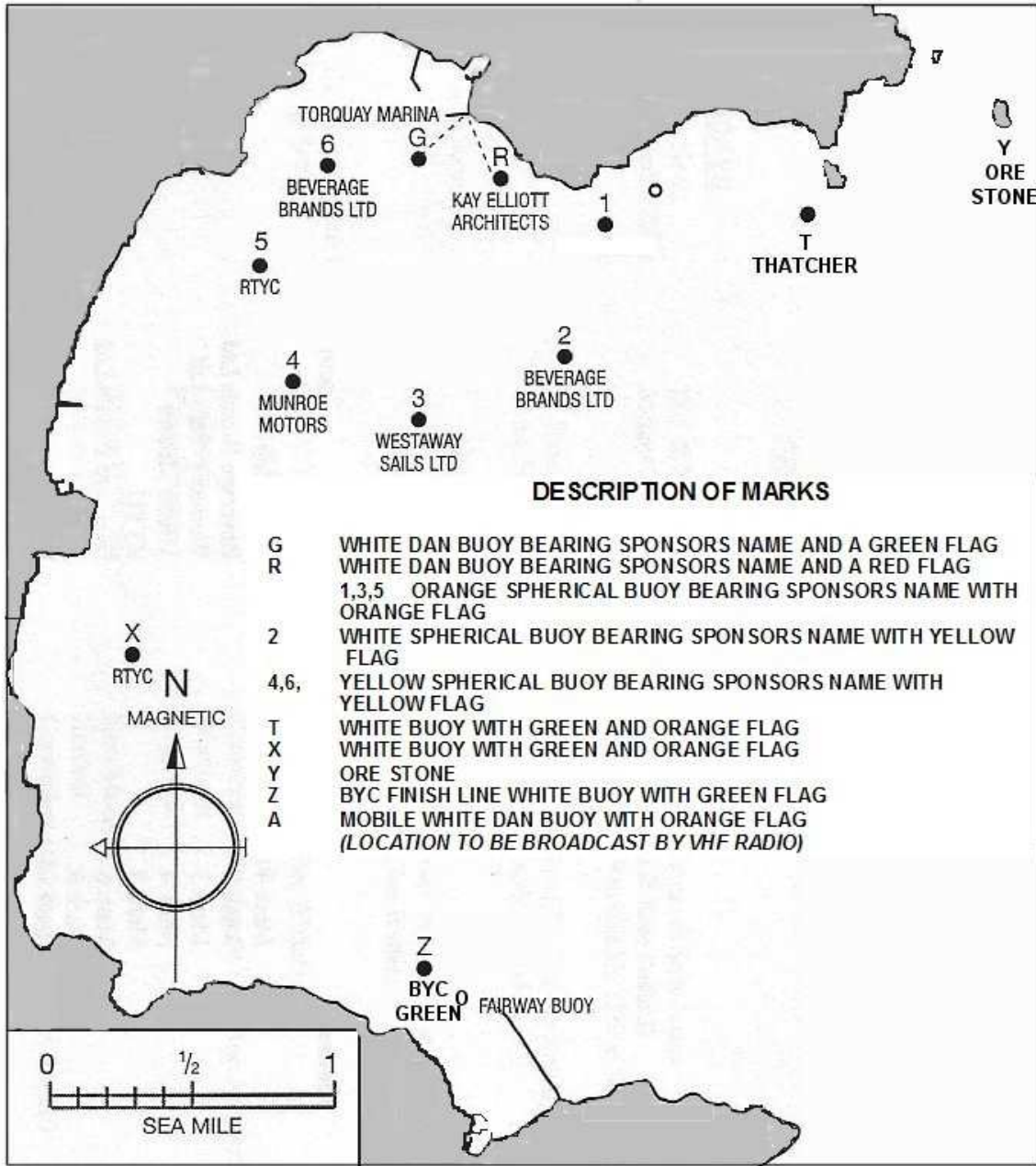


TABLE OF COURSES FOR PLATFORM START

WIND	MAGNETIC	COURSE NO.	STANDARD	ORANGE
N	000°	1	(R) 53RG	(R) 3RG
NNE	022°	2	(R) 64G	(R) 4G
NE	045°	3	(R) 31G	(R) 4RG
ENE	067°	4	(R) 41G	(R) 5RG
E	090°	5	(R) 42G	(R) 6RG
ESE	112°	6	(R) 53G	(R) (G) 1G
SE	135°	7	(R) 63G	(R) (G) 2G
SSE	157°	8	(R) 64G	(R) (G) 3G
S	180°	9	(G) (R) 35R	(G) (R) 3R
SSW	202°	10	(R) (G) 42G	(R) (G) 4G
SW	225°	11	(G) 13GR	(G) (R) 4R
WSW	247°	12	(G) 14R	(G) (R) 5R
W	270°	13	(G) 24R	(G) (R) 6R
WNW	292°	14	(G) 26R	(G) 1GR
NW	315°	15	(G) 36R	(G) 2GR
NNW	337°	16	(G) 13GR	(G) 3GR

The first round comprises all marks including those in brackets; second and subsequent rounds exclude the marks in brackets.

Class	Warning Signal			Pennant
	Sat	Sun	Wed	
IRC		09:54	18.10	Numeral Pennant 1
Progressive Handicap		09:54	18.10	Numeral Pennant 4
SB3 - Sports Boat (Orange)		09:57	18.13	Numeral Pennant 3
Flying Fifteen		10:00	18.16	Naval Pennant 6
Folkboat		10:03	18.19	Flag F
PY Dinghy		10:06	18.22	Numeral Pennant 5
RS Feva/Cadet	1400	10:09	18.25	RS Feva Flag/Flag Y

APPENDIX 2

MEDIATION

1. After a protest has been lodged in accordance with the Sailing Instructions, all parties involved in protests alleging infringements of a rule of Part 2 shall be heard by a Mediator appointed by the Race Committee.
In exception to the above, incidents where damage or injury is involved shall not be subject to mediation, but shall be referred directly to the Protest Committee for a hearing.
2. Only one party to the protest from each boat involved, who shall have been on the boat at the time the incident occurred, shall attend the mediation hearing. No witnesses shall be allowed.
3. The mediator will have each party describe the incident, limiting each party to approximately 3 minutes. After hearing these descriptions, the mediator will offer one of the following opinions:
 - a). **No rule was broken.**
If the protesting boat accepts this opinion she can agree to withdraw the protest and the protest is then settled.
 - b). **A rule was broken by one of the boats involved.**
If that boat accepts this opinion she may accept a 40% penalty and the protest is then settled.
 - c). **Both boats broke a rule.**
If both boats accept this opinion and each agrees to accept a 40% penalty then the protest is then settled.
 - d) **The mediator is unable to offer an opinion based on the brief description given by the parties.**
4. Once the protest has been settled under 3.a), b) or c) above, the mediator shall record this on the protest form and the matter shall not thereafter be referred to the protest committee and is not subject to requests for redress, reopening or appeal by any party.
If however:
 - (i) The protestor does not withdraw the protest under 3.a) above; or
 - (ii) If a boat does not accept mediator's opinion that she broke a rule under b) or c); or
 - (iii) If the mediator is unable to offer an opinion under (d), the protest shall be submitted to the protest committee for a hearing.
5. If the mediator's opinion is not accepted, there shall be no further discussion of the incident with the parties and the testimony given at the mediation hearing shall remain confidential and shall not be discussed with any person prior to the protest hearing.
6. If one party fails to attend, the mediation may still be heard in line with RRS 63.3(b).
7. When protests are submitted to the Protest Committee, the mediator shall not be a member of the Jury hearing the protest. However, he/she may be present to ensure that the incidents are described in the same way as in mediation. If the facts given are different he may intervene to restate the original mediation details. The mediator shall not discuss the matter with committee members until after the Committee's decision has been posted.
8. Application of the 40% penalty shall be calculated in accordance with rule 44.3, except that the penalty is modified to read 40%.